

Charity / Community Group	Objectives	Opportunities (in addition to financial donations)
Age UK Westminster	An independent charity supporting older people in Westminster for over 70 years. Their services aim to empower older people to understand their rights and lead more fulfilling and socially active lives.	 Fundraising Befriend an elderly person IT support Wider classes
COSMIC – Children of St Mary's Intensive Care www.cosmiccharity.org.uk	COSMIC supports the children's intensive care unit at St Mary's Hospital by helping patients and their families, and enabling their dedicated team to treat hundreds of critically ill children each year. Every year they treat around 500 desperately sick children. Although around 20% are from the local area, the majority have been rushed to the hospital from Greater London and the South East. Donations to COSMIC genuinely helps save lives	 Support in fundraising for the charity (they have numerous pre-organised events running through the year Volunteering at their annual fundraising events and fayres Donating toys for their annual children's' Christmas Party
Companions Café- St James Church	Community led group hosting those suffering with food poverty. Volunteers serve hot meals to those who attend on Monday and Thursday evenings. This is a safe place for people facing the challenges of homelessness. Felix Project provide them with hot meals to serve, but the team also rely on businesses or individuals to make meals to offer to those who attend.	 Food - restaurants/companies/individuals - to make a dish. Can be delivered on a Monday or Thursday between 5.15pm - 8pm. Food donations (Tea, coffee, sugar, biscuits) Men's Clothes and toiletries (unopened) Paperback books (Fiction)
Doorstep Library	Doorstep Library believes in the power of words to take you places. They are a not-for-profit community organisation dedicated to bringing the gift of books	FundraisingVolunteer to read with a family



	and the joy of reading into the homes of families who need our support. Their Home and Online Reading Volunteers go into homes in disadvantaged areas across London, to inspire a love of books, of stories and storytelling, and to instil a lifelong passion for reading	
Feather's Marylebone https://feathers.charity/	The Feathers Association runs a Youth and Community Club in Marylebone, which is located in an area of London with significant need and deprivation. Many of the households in this area do not have access to gardens, safe play areas and only a few places for young people to meet and enjoy peer support in their wards. We provide a safe space for them to do so. Activities run by the club include; homework sessions, cookery, gym classes and archery.	 ➤ Financial donations ➤ Volunteering ➤ Skill-sharing
Food Cycle www.foodcycle.org.uk/location/ marylebone-hub-london/	Marylebone FoodCycle is a charity that collects unwanted / surplus food and, through its volunteers, creates a free 3-course, vegetarian meal which it serves weekly in St Paul's Church, Rossmore Road. Their guests are largely families from the local community who are struggling to make ends meet, elderly residents who live alone and homeless people in the area.	 Donations of dried food > Volunteers to collect food Volunteers to cook or serve their meals
Glarus Court & Lambourne House	Glarus Court is a Sheltered Accommodation facility providing on-site care for 19 elderly residents aged over 65 with moderate – high care needs. The site also supports a further 62 residents with lower levels of care needs through Lambourne House. The Centre	 Spending time with a resident, talking, shopping etc Volunteering to help organise or fund special events / celebratory meals



	places a heavy focus on creating the best quality of life possible for its residents, encouraging friendships and providing personal, dignified care to the highest standard. They regularly hold special events for their residents including Valentines parties, St George's, St Patrick's Day and St Andrew's Day dinners, Christmas events etc.	> Volunteering at or helping to fund a special outing for its residents
Greenhouse Sports www.greenhousesports.org	Greenhouse Sports is a charity that uses sport to develop life skills with young people living in some of the most disadvantaged areas of London. The Charity believes that every child should have a fair chance to succeed, and to access opportunities to thrive. Their full-time inspirational coaches harness the power of sport to tackle the problems that lead to underachievement. It works in schools and communities in the local area (and wider London focus on developing the life skills of the participants.	 Funding Support Sponsoring or volunteering at community sports events
Homestart Westminster www.homestartwestminster.org.uk/	Homestart Westminster provides support for families living in the local area. Rich or poor, settled or transient, their trained volunteers help to give encouragement and support to change the pattern of troubled lives Families struggling with post-natal depression, isolation, physical health problems, bereavement and many other issues receive the support of a volunteer who will spend around two hours a week in a family's home supporting them in the ways they need.	 Funding Venue Space Becoming a family volunteer Skill Sharing Fundraising event Funding towards Emergency Family Fund (charity to have a pot of money to use as and when families are in need of items, i.e push chair, cot, bed, support with energy bills etc)



Imperial Health Charity	Imperial Health Charity is the dedicated charity for	Toy donations
www.imperialcharity.org.uk/harity	the five hospitals that are part of Imperial College Healthcare NHS Trust. This includes St Mary's Hospital in Paddington, which is the major acute hospital for north west London and one of London's four major trauma centres where people with serious injuries are rushed to receive life-saving treatment. St Mary's is also home to a large Children's Services department, including paediatric A&E, where thousands of children are seen each year. Another of our hospitals is Western Eye on Marylebone Road, which offers specialist services for eye health including an eye accident and emergency service. Everything that we do at Imperial Health Charity helps our hospitals to achieve more for the benefit of patients, families and staff. We fund major redevelopments, hospital equipment and research, as well as caring for a vibrant hospital art collection of more than 2,500 works and managing a dynamic hospital volunteering programme.	 Fundraising Volunteering
King Solomon Academy www.kingsolomonacademy.org	King Solomon Academy (KSA) is a non-selective, community school for local children (aged 5-18) situated in the heart of the Church Street Ward. It serves a deprived community of families with 60% of its secondary pupils eligible for free school meals (compared to an average of 15% nationally). 65% are also in the top 1% most deprived homes in England.	 Work experience Career Talks Workplace visits and activities Reading with students Host a 'Get to Know Our Industry' session in your office



	KSA is focused on raising attainment and aspirations, and on closing the achievement gap between children from disadvantaged and more privileged backgrounds. The vision of the school is to provide every student with the education, tools and belief to enable them to go to University and raising aspirations to inspire them to succeed in whatever career they choose.	
Marylebone Project www.churcharmy.org.uk/ms/m aryleboneproject	The Marylebone Project works with vulnerable homeless women to empower them towards independent living. The range of services they provide give homeless women practical support and educational opportunities in a welcoming and secure environment.	 Work placements Inspirational talks Skills workshops (CV writing, personal confidence etc) Staff and skill mentoring (general management, website, fundraising, marketing, business etc) Clothing, food & toiletry donations
Marylebone Boys School www.maryleboneschool.org/	Marylebone Boys' School is based in Paddington basin, educating boys in Years 7-11 (aged 11-16). They also have a separate Sixth Form site that supports young people in Years 12-13 (aged 16-18) which is co-educational. Around 43% of their students qualify for Free School Meals and our on Pupil Premium, with a high percentage also EAL (English as an Additional Language). The school works hard to raise the aspirations of all of their students and to give every student, regardless of background, the best opportunities to experience the wealth of careers and development	 Hosting an office tour for students to give them experience of an office environment Giving a career talk - what does it mean to work for your business and in tour industry and how could they access this Career Journey talks - showing students that a career path isn't always direct and can flow through many different stages Inspirational talks - talking to students about hardships you may have overcome to get to where you are and showing them they too can overcome their challenges



	opportunities open to them. The school would be delighted to work with more volunteers in the local community to inspire their students.	 Supporting mock interviews UCAS applications Hosting work experience Providing apprenticeship opportunities
Newpin Family Centre www.newpincentre.org.uk	The Centre serves families with children under 5 years and aims to produce fundamental personal change in the parents and children who attend. The main objectives of the Centre are to break down destructive family patterns, to improve parenting and to raise the self-esteem of individual parents who are suffering in particular from depression. They aim to inspire parents to recognise the value of consistent good practice in caring for children, and to raise their own self confidence through their experience in the Centre. Thursday and Fridays they hold drop-In sessions from	 Fundraising (they have no dedicated fundraising team and therefore struggle to raise funds to keep operating) Website support > Donations of equipment (arts and crafts, books, stationary, printer ink cartridges etc) Prepare lunch for the elderly at the drop in sessions on Thursday or Friday. Carry out an activity for local residents who attend the drop-in.
	10am until 1.30pm for elderly residents to have lunch, have a chat and socialise with one another.	
North Paddington Food Bank www.npfoodbank.org.uk/	The Bank supports c1000 local families each month who are in food poverty, providing them with supermarket vouchers to enable them to purchase food to feed themselves and their families. They also work with other food poverty charities to facilitate food donation and redistribution directly.	 Volunteering Food collections Fundraising
North Paddington Youth Club	North Paddington Youth Club aims to promote the spiritual, mental and physical education of young people resident in Maida Vale and across	 Financial donations towards activities Volunteering- painting the centre Room hire



	Westminster. Young people in these areas face many challenges and therefore the youth club offers them a much-needed safe and supportive environment where they can thrive throughout the week, late into the evening, over the weekend and through the school holidays. The club deliver activities 7 days a week and also conduct outreach work in the surrounding community and offer offsite activities and residential trips for the young people. The Youth Club itself has a large sports hall, dance studio, classrooms, sensory room, kitchen and various other spaces that the young people utilise.	 Food donations IT, office, furniture donations Skill Sharing, mentoring for young people and staff.
One Westminster	Facilitates volunteering for corporates and	To work with them to facilitate
www.onewestminster.org.uk	individuals within Westminster and beyond. Note;	volunteering in the community
	There is a small cost attached to their services	
Paddington Development Trust	Operates in the North of Westminster, in areas	Volunteering at events
www.pdt.org.uk	which historically suffered depravation, areas include	Developing skill workshops i.e
	Church Street, Westbourne and Queens park, plus	Employment Skills Workshops to local
	the surrounding areas. Centre is a main information	unemployed etc
	point for the area and a hub for employment, legal	
	and health advice	
Penfold Community Hub	Penfold Community Hub is an over 50's drop-in	Fundraising
	centre, based in the nearby deprived Church Street	IT Support classes
	Ward. It serves a large community of older	Gardening
	residents, may of who live alone, and provides them	Hosting tea parties and events
	with the ability meet new people, and access	Running classes
	services (health care, financial support and wider	
	advice etc) that they may not otherwise have access	



The Portman Early Childhood Centre www.westminster-necentres.co.uk	to. Tacking social isolation is a key objective for the Centre. In addition, the Centre has a residential unit for dementia suffers. A charity nursery serving c90 children aged 2-4 and their wider families. Operates in 5th most deprived ward in country. Extended family services include improved parenting techniques, adult education and learning, victim support etc	 Volunteering - much of the School is in need of attention and refreshing Skill mentoring (website, fundraising, marketing, finance etc) Supporting field trips Running creative or educational workshops for parents Clothing donations Christmas Toy donations
Royal Parks www.supporttheroyalparks.org	The eight Royal Parks span 5,000 acres of stunning parkland, meadows, lakes and ponds, home to a rich variety of wildlife. The Royal Parks Foundation is the charity for these amazing urban green spaces. They reach out to make the Parks part of more people's lives, raising funds for a wide variety of projects from wildlife conservation and landscape restoration to sport, community events and education.	 Sponsor a zone of Hyde Park or one of the other Royal Parks for a year, also enabling significant volunteering days for staff Sponsor an on-site educational workshop for a local school to learn about wildlife Sponsor an on-site workshop for local people with special needs to support sensory or other development areas > One-off team volunteering days working in the Parks
Central London Samaritans	Central London Samaritans, the founding branch of the charity, has been offering emotional support for 70 years to anyone who's struggling to cope. Operating 24/7, they respond to around 70,000 requests for help each year via phone calls, email and webchat as well as taking their services to	 Support volunteer-: Community Events Support Volunteer and Finance Support Volunteer Listening volunteer- here The team deliver Wellbeing in the Workplace sessions.



	vulnerable individuals at highest risk of suicide such as homeless people, people in prison, people in custody and those bereaved by suicide. They also provide an in-person drop-in service daily from 9am to 9pm to support vulnerable people.	
Smartworks www.smartworks.org.uk	Smartworks provides high quality interview clothes, styling advice and interview training to out-of-work women on low incomes. SmartWorks helps them to feel confident, look fabulous, succeed at their job interview and move on with their life. This year they will dress more than 2,000 women in a complete outfit of stylish, high quality clothes donated by retailers and professionals. A visit to Smart Works can change the course of a woman's life	All good quality clothing donations of women's' work clothes are welcome
St Edwards Catholic Primary School www.stedwardsprimary.org/	The school is situated within the heart of the Church Street ward. As a result it's students and their respective families often face the wide range of issues commonly affect that area, including poverty, abuse (physical, emotional & financial) and the large number of children with disabilities. It serves c400 students aged 3-11 years. Over 80% of them do not have English as a first language and many have above average educational needs, in particular in relation to speech and language.	 Volunteering with gardening / greening the outside space Reading with students Supporting the fit out of the new library space (whether through labour or donation of materials, furniture or books) Supporting the fit out of the new IT space (whether through labour or donation of Computers or furniture) > Running clubs for the children, with opportunities including Sport, IT, Music, Creativity, Chess, Debate clubs etc Running parent education classes,



		skills, basic home finance skills, mentoring, personal confidence etc
St John's Hospice www.stjohnshospice.org.uk	The hospice provides specialised palliative care to more than 4,000 terminally-ill patients and their families every year free of charge. Its patients face a range of conditions, like cancer. The hospice supports patients through the provision of medical care, as well as broader 'wellbeing', relaxation therapies and also supports the families of both its current and past patients through the provision of counselling and further support services.	 Support with event organisation or sponsorship for their numerous fundraising events held throughout the year Skill sharing / mentoring - fundraising, IT, marketing skills etc Clothing donations Donations of NEW pyjamas
St Marylebone School www.stmaryleboneschool.com	St Marylebone School is a successful, multi-faith comprehensive school for girls aged from eleven to eighteen. Many of their students come from the nearby deprived Church Street area.	 Work experience Career Talks Workplace visits and activities Reading with students Facilitating pupils to join with your business on volunteering activities
St Mary's Social Supermarket www.stmaryslondon.com/lovemarylebone	The Social Supermarket is a charitable initiative in Marylebone. Their aim is to help alleviate the strain of food poverty and loneliness in the community. The Supermarket runs every Wednesday from 9.30-10.30am at St Marys Church, Wyndham Pl. Similar to a foodbank they provide basic groceries and household goods such as bread, pasta, fresh canned vegetables and toiletries to anyone who is struggling in these tough times as the Cost of Living Crisis worsens. Alongside supplies they also offer free tea, coffee and snacks so guests can stay and chat with volunteers and each other	 ➤ Volunteers needed on Wednesday mornings between 9am-10:30am- help set out the food and hand out food to guests. ➤ Volunteer Tuesday evenings - collect bakery goods from Gail's Bakery to take to St Mary's church ready to be handed out at the Social Supermarket. ➤ Financial donations ➤ Food and toiletry donations



St Mary's Bryanston Square CE www.stmbs.org.uk/	St Mary's is a one form entry school in Marylebone, central London. It is a mixed boys and girls primary school with children ranging from 3-11 years old. They have close links with St Mary's Parish church.	 Volunteer- Gardening Club from 1 hour per week for 6 week period Volunteers for Science week Career advice- professionals to speak with children about their career/jobs. Volunteers who play musical instrument-join school assembly- 30 minutes volunteer time 8.55am -9.25am Donations or contributions for following school events; Christmas fair, International evening and summer Fair.
St Mungo's Broadway www.mungos.org	Working to prevent the issues that create homelessness. They provide a bed and support to more than 2,500 people a night.	Financial donationsRegular volunteers
Strides Formerly known as West London Mission (WLM)	TBC	➤ Funding for hotel rooms➤ Mentoring/ Skill Sharing➤ Hold a Fundraising event
Westminster Carers Network www.carers-network.org.uk	Carers Network supports unpaid carers across Westminster, providing emotional support, building relationships and friendships, providing training and education and actively working to make a positive change in their lives	 Fundraising and sponsorship of events Running training or education events (such as interview skills, cv writing, confidence building, networking, health and wellbeing etc) > Befriending a carer
Westminster Society for People with Learning Disabilities	The WSPLD provides services for people (children and adults) with a range of learning disabilities and	Fundraising and sponsorship of events



www.wspld.org.uk	their families. Services range from supporting parents with children with learning disabilities through their nursery service, drop-ins, providing short breaks for young people and adults, family support and counselling, identifying work experience and training opportunities for adults and outreach services	 Provision of space for meetings and events through the year Provision of work experience opportunities, including reception work, answering phones, supporting post etc > Skill support – marketing, website etc
Westminster Wheels	Based in the nearby deprived Church Street,	Donate bicycles
http://westminsterwheels.co.uk/	Westminster Wheels repurposes old bicycles into the	Fundraising
	local community	